



See You At The Market.™

Catering Menu

All gourmet items must have
24 hour notice.

Contact (203)322-2202 for
additional information.

**CELEBRATE
WITH THE
LAROCCA'S**

Share with your family or special occasion a gourmet meal from *LaRocca's*

Hot Hor D'oeuvres

Buffalo Chicken Wings with
your Choice of Blue Cheese or Ranch Dip

Chicken Tenders with Honey Mustard Sauce

Teryaki Chicken Dumplings

Coconut Shrimp with
Sweet & Fire Sauce

Maryland Jumbo Crabcakes with
Cajun Remoulaole

Artichoke Parmesan Dip with
Crostinis

Mini Meatballs

Goat Cheese & Spinach with
Stuffed Mushrooms

Baked Brie with Apricots &
Almonds

Sausage Asiago Pinwheels

Arancini Parmesan/Sundried Tomato Aioli

Cold Hor D'oeuvres

Sliced Petite Filet in herbed Crostini with Horseradish creme
and red onion cabernet marmalade

Fresh Mozzarella with
Bruscetta & Herbed Crostinis

Our famous Guacamole with
Tortilla Chips

Deviled Eggs

Greens

House Salad
Served with mixed greens,
cucumbers, carrots, tomatoes,
olives & italian dressing

Crunchy Caesar Salad
Served with croutons,
shaved parmesan
& house caesar dressing

Cobb Salad
Served with bacon, tomatoes,
gorgonzola, hard boiled eggs,
avocado & balsamic dressing

Greek Salad
Served with olives, feta,
tomatoes, cucumbers,
pepperoni & balsamic dressing

Endive Radicchio Salad
Served with asian pears, dried fruit,
goat cheese & raspberry vinaigrette

Sides

Roasted Root Vegetables
Brown Rice & Roasted Vegetables
Shrimp or Porcini Mushroom Risotto
Twice Baked Potatoes
Eggplant Stack
Eggplant Parmesan
Potato Pancakes
Grilled Vegetables
Broccoli Rabe
Sauted Spinach
Green Bean Almondine
Grilled Asparagus
Roasted Brussels Sprouts
Steamed Broccoli
Garlic & Oil

Salads

LaRocca's Potato Salad
Roasted Chicken Salad
Tuna Salad
Egg Salad
Crunchy Vegetable Salad
QuinOa with Feta & Spinach
Summer Salad
Greek Salad
Fire Bean Salad
Orzo & Artichoke Salad
Chicken Salad with Cranberries & Walnuts
Tuna Salad with Cranberries
Bowtie BLTs
Kale Quinoa & Mango Salad
Kale Salad Pignoli Nuts & Parmesan Reggiano

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Cheese & Fruit

Artisanal Cheese Platter

A selection of local & imported cheeses served with crackers, grapes & fresh berries.

Seasonal Fresh Fruit Platter

Honey Dew, Cantaloupe, Pineapple Grapes, Blueberries, Raspberries & Blackberries.

Fresh Fruit Salad

An Assortment of handpicked fresh cut up local fruit, topped with fresh berries.

Seasonal Fruit Skewers

Pineapple, melon & assorted berries in a wheat grass.

Ultimate Fruit Basket

Our ultimate basket with freshly picked fruit & both sweet & savory treats.

Sandwiches

LaRocca's Giant Sub

Italian Genova Salami, ham, cappicola, pepperoni, prodone lettuce & tomatoes

Yankee Giant Sub

Roast beef, turkey, ham, swiss, lettuce & tomatoes,

Boar's Head Cold Cut Platter

A selection of ham, turkey, roast beef, salami, swiss & american cheeses.

Platters

Classic Platter

Roast Beef, turkey, ham & cheese, tuna, egg & chicken salad, veggies

NEW Tea Sandwich Platter

Our newest platter served on assorted ladyfinger ciabatta bread, fantastic!!

Traditional Finger Sandwich Platter

Delicately put together, cut in 1/4th, this is one of our signature platters

Deluxe Sandwich Platter

Elegant platter served on our fresh rolls & special breads cut in 1/2th

Platters

Fresh Vegetable Crudite Platter

Zucchini, yellow squash, carrots, celery, cucumbers, cherry tomatoes with your choice of ranch or spinach dip

Smoked Salmon Platter

with cream cheese rosettes, tomatoes, red onions, capers and dill.

Jumbo Shrimp Platter

An amazing platter with large fresh shrimp, lemon & house cocktail sauce

Arthur Avenue Antipasto Platter

Genoa Salami, Prosciutto DiParma, sopressata, provolone, romano, roasted peppers, pepperoni, assorted olives & marinated vegetables

Fresh Salmon Platter

Grilled, poached or blacken salmon, served with fresh dill sauce, capers, onions & garnished with lemon & cucumbers.

Main Entrees

Seafood

Poached Salmon with Fresh Dill Sauce
Grilled Salmon with Horseradish Cream Sauce
Flounder Almondine

Pasta

Lasagna Bolognese
Vegetable Lasagna
Baked Zitti
Penne Ala Vodka
Macaroni & Cheese
Garlic & Oil
Fettuccine Carbonara
Tortelline Pesto
Cavatelli with Sausage & Broccoli Robe
Fresh Parpadelli Bolognese

Poultry

Chicken Wings
Chicken Marsala
Chicken Francaise
Chicken Parmesan
Chicken Cordon Bleu
Chicken Cacciatore
Grilled Chicken Breast
Teryaki Chicken Dumplings

Meat

Meatballs
BBQ Pulled Pork
Sausage & Peppers
Shepherd's Pie
Beef Stew

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